

## NEXT STEP QUESTIONS

**Review:** Share with your group what two areas you worked on last week to better meet your wife's needs. (Reminder: communication, openness/honesty, financial security, children/parenting, and affection.)

**Icebreaker:** Before you jump into discussion take a minute and share some of the biggest differences between you and your spouse.

1. What stood out to you in the talk this week?
2. Read 1 Thessalonians 5:11. In front of your group say something encouraging to your spouse.
3. Take five minutes as a group and brainstorm a list of activities that you and your spouse have done together, that you both enjoyed.
4. Review each of the five needs discussed this week. When reviewing, ask these questions: What does this need look like when it is being met? What are the barriers to meeting this need? How do you practically overcome those barriers?
  - a. Respect/Affirmation
  - b. Recreation Companion
  - c. Attractive Spouse
  - d. Domestic Support
  - e. Sexual Intimacy

### Practical Steps:

Have your spouse pick two needs that you can meet this week.



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# Better Together

Church on the Ridge

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Charlie & Sandy Salmon

## How to Stay Together (Part II) His Needs

*My friends, you were chosen (CHOSE) to be free (MARRIED). So don't use your freedom (MARRIAGE) as an excuse to do anything you want. Use it as an opportunity to serve each other with love. All the Law says can be summed up in the command to love others (WIFE or HUSBAND) as much as you love yourself. But if you keep attacking each other like wild animals, you had better watch out or you will destroy yourselves.*

Galatians 5:13-15 CEV

*Live in harmony with one another.*

Romans 12:16 NIV

*...make every effort to do what leads to peace and to **mutual edification.***

Romans 14:19 NIV

1. \_\_\_\_\_

*The integrity and strength of a virtuous wife transforms her husband into an honored king. But the wife who disgraces her husband weakens the strength of his identity.*

Proverbs 12:4 TPT

### What are those things that corrode?

- a. \_\_\_\_\_ comments about what he does and how easy his world is compared to yours
- b. \_\_\_\_\_ other men in front of your husband
- c. \_\_\_\_\_ him and putting him \_\_\_\_\_ in front of others

*Let the wife see to it that she respects and reverences her husband, that she notices him, regards him, honors him, prefers him, esteems him and she defers to him, praises him and loves him and admires him exceedingly.*

Ephesians 5:33 AMPC

### What are those things that affirm?

- a. \_\_\_\_\_
- b. \_\_\_\_\_

Action Item: Write a different affirmation that you will give your husband each day this week.

2. \_\_\_\_\_

*Enjoy life with your wife...*

Ecclesiastes 9:9 NIV

*Wives, adapt yourselves to your husbands,...*

Colossians 3:18 PHILLIPS

### Spouses that play together \_\_\_\_\_ together.

Action Item: Find an activity this week to do together.

3. \_\_\_\_\_

### Be \_\_\_\_\_ with what you have.

*Use every part of your body to give glory to God...*

1 Corinthians 6:20 TLB

*"...man looks at the outward appearance but the Lord looks at the heart."*

1 Samuel 16:7 NKJV

Action Item: Ask your husband,  
"What is your favorite outfit I wear in public?"

4. \_\_\_\_\_

*Better a dry crust with peace and quiet than a house full of feasting with strife.*

Proverbs 17:1 NIV

*...encourage the younger women to love their husbands, to love their children, to be sensible and pure, to manage their households, to be kind, and to submit themselves to their husbands. Otherwise, the word of God may be discredited.*

Titus 2:4-5 ISV

Action Item: Ask your spouse one thing you can do to help meet this need.

5. \_\_\_\_\_

*As a loving hind and a graceful doe, let her breasts satisfy you at all times; be exhilarated **always** with her love.*

Proverbs 5:19 NASB

*A man should fulfill his duty as a husband, and a women should fulfill her duty as a wife and, each should satisfy the other's needs.*

1 Corinthians 7:3 GNT

Action Item: Practice this at least once this week.

### Homework:

Give the list to your husband and ask him to pick two of his needs you can work on this week.